



July is Park & Recreation Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreational activities to enjoy at your local park.			July 2022		1 July Storywalk @ Lake St Park All month long	2 Take a walk in a park
CONCERT 3 Beatles for Sale Dean Park 6-8 pm Wear your Red, White & Blue	HAPPY 4 ★ 4TH ★ OF JULY	5 Enjoy a picnic in a park.	6 Shrewsbury Farmers Market 2:30-6:30 pm Senior Center	7 Food Truck Thursday 4:00-8:00 pm Town Hall	8 Read a book in a park.	9 Friend of Prospect Park Work Day 9:00 am
10 #Selfie Sunday Take a selfie at a park.	Flying High 11 Frisbee Dog Show Oak Middle School Field 6:00 pm	12 Try a new activity. 	13 Shrewsbury Farmers Market 2:30-6:30 pm Senior Center	14 Food Truck Thursday 4:00-8:00 pm Town Hall	15 Tag us in a park photo on Twitter or Instagram @ ShrewsburyParks	16 Visit Shrewsbury Trails website and pick a trail to hike today
17 Meet a friend at a local park.	18 Do your summer reading at a park.	19 CONCERT Hit the Bus Dean Park 6:00-8:00 pm Bring Lawn Chair	20 Shrewsbury Farmers Market 2:30-6:30 pm Senior Center	21 Food Truck Thursday 4:00-8:00 pm Town Hall	22 Go on a bird watch at Dean Park.	23 Play, I Spy, at a park or on a walk.
24 Just Play Have Fun 31	25 Take a break from social media.	26 CONCERT Lori Diamond & Fred Abatelli Dean Park 6:00-8:00 pm	27 Shrewsbury Farmers Market 2:30-6:30 pm Senior Center	28 Food Truck Thursday 4:00-8:00 pm Town Hall	29 Walk the paved walking trail Jordan Pondl	30 Get outside and Play!



Shrewsbury Parks & Recreation, Shrewsbury Park Maintenance Division and the National Park and Recreation Association announce that July is Park and Recreation Month.

Visit our website for a list of Shrewsbury Parks:
<https://www.shrewsburyma.gov/413/Parks-Recreation-Facilities>

